

This guide can help you track your symptoms and feelings related to your HAE attacks. You can use it to talk to your doctor about how you're managing them.

Just this week	Within the last 2 weeks	Last month	2 or 3 months ago	6 or more months ago
l am having HA	AE attacks: [check	the appropriate c	ircle]	
Once a week or more	Twice a month	Once a month	Once every 2 or 3 months	Once every 6 months or so
_	HAE attacks affect fective at work or social events ned or embarrasse	school	ll that apply]	
☐ I worry abou	it my next attack le sleeping or am	often tired		

We hope this guide helps you discuss your **HAE symptoms and treatment with your doctor**.

